Qualification	Level/Length of Time	With Who And Where	When	Certificate
Somatics Movement Education	10.5 Days	Lisa Peterson	Spring 2023	To be completed Autumn 2023
500 Hours	Yoga Alliance 500	International Certification Body	2021 Renewal	marella fyfe Registry ID: 348794 Register ID: 348794 Valid Unit: Feb 22, 2021
Yoga Anatomy Training	18 Hours Yoga Anatomy	Neda Drapover Hanover USA Online	2021	March 2021
iRest Yoga Nidra Meditation Training	Teacher Training Level 2	The iRest Institute USA	2019	Certificate of AttenSance Rest Institute Marchar Fuffic State and Marchar Integratione Restoration - Rest ⁶ Level 2 Nature Nature Nature State and State and State Nature State and State and State State and State and State and State and State and State State and State and State and State and State and State State and State and State and State and State and State State and State and State and State and State and State and State State and State
iRest Yoga Nidra Meditation Training	Teacher Training Level 1	The iRest Institute USA	2018	Certificate of AttenSance Integrative Restoration Institute Marcla Frife Integrative Restoration - Rest ^{or} Level I Angen Kelson Training Water Angen Kelson Training
Yin Yoga Training	Yin Yoga 30 hour Training Level 1	Josh Summers Navan Ireland	2017	Yin Yoga Eacher Training Her control work
Mindfulness Based Stress Reduction (MBSR)	Teacher Training Level 1	Bangor University	2016	

Qualification	Level/Length of Time	With Who And Where	When	Certificate
Yoga Prenatal Training	Yoga for pregnancy	Ardnaho Yoga School	2015	A carbon of a state of the stat
Yoga Hour Training	YogaHour Teacher Training	Darren Rhodes St Louis USA	2014	Computer of Schemeness Marselle Eyre Marselle Eyre Marselle Eyre Marselle Eyre
300 Hours	Advanced Yoga teacher training	Yoga Room in Dublin	2015	The VOCANCON The control of the transfer of th
Pranayama Training	One Year Foundation Course	Santosha Lisburn Philip Xeres	2014	<section-header><section-header></section-header></section-header>
200 Hours	Basic Yoga teaching training	Ardnahoo School of Yoga Drumahair Leitrim	2013	An Andrew Marken Street Andrew
102 Hours	Anusara Immersion teacher training	Dublin	2011	Certificate mislaid